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COVID-19: Resources for Field-Based Mental Health Teams

Community Re-Opening Resources

- CA.gov: California Implements First-in-the-Nation Measures to Encourage State Employees and Health Care Workers to Get Vaccinated
- CANotify: California's Exposure Notification System
- MicroCOVID Risk Calculator
- CDC: Interim Public Health Recommendations for Fully Vaccinated People
- CDC: Print Resources to Support COVID-19 Recommendations
- CDC: Re-opening Guidance for Cleaning and Disinfecting Public Spaces, Workplaces, Businesses, Schools and Homes
- CDPH: Blueprint for a Safer Economy
- CDPH: Guidance for the Use of Face Coverings
- LAC Board of Supervisor Executive Order on County Employee Vaccination
- LAC DPH: COVID-19 Masks
- LAC DPH: Health Order Responding Together at Work and in the Community (Issue July 30, 2021)
- LAC DPH: Reopening LA County
- LA Times: Solis issues executive order mandating L.A. County employees get vaccinated
- WebMD: What You Need to Know About the Delta Variant
- Yale Medicine: 5 Things To Know About the Delta Variant

COVID-19 Vaccine Resources

Where to get the COVID-19 Vaccine

- A Vaccine Finder Website
- California Department of Public Health: My Turn
- Los Angeles County Department of Public Health Vaccination Appointment
- Los Angeles City Vaccine Appointment Website
- Some Initial Federal Retail Pharmacy Partners in California
  - Albertson's
  - Costco
  - CVS
  - Pavilions
  - Rite Aid
  - Ralph's
  - Sam's Club
  - Safeway
  - Vons
  - Walgreens
  - Walmart

Talking about the COVID-19 Vaccine

- How to Talk About the COVID-19 Vaccines with Individuals Who Have Serious Mental Illness (SMI)
- LAC DPH: COVID-19 Vaccine Healthcare Provider Hub
- COVID Enders Vaccination Toolkit (Updated biweekly)
- CDC: Talking to Recipients about COVID-19 Vaccines
- CDC: Myths and Facts about COVID-19 Vaccine
- CDC: Frequently Asked Questions about COVID-19 Vaccination
- The Vaccine Confidence Project
- World Psychiatry: Prioritizing COVID-19 vaccination for people with severe mental illness
- JAMA Psychiatry: Maximizing the Uptake of a COVID-19 Vaccine in People With Severe Mental Illness: A Public Health Priority

Workplace Implications for COVID-19 Vaccine
- California Employment Law Report: EEOC Offers Guidance on Vaccinations and the Implications for California Employers
- SHRM: When Employers Can Require COVID-19 Vaccinations
- SHRM: What Employers Can Do If Workers Refuse a COVID-19 Vaccination
- US Equal Employment Opportunity Commission: What You Should Know About COVID-19 and the ADA, the Rehabilitation Act, and Other EEO Laws

Financial, Housing and Food Resources for Staff and Clients
- LA County Disaster Help Center: Help for workers affected by COVID-19
- DPSS: Find Various Resources for those who Need Benefits
- LAC Office of Immigration Affairs: LA4You Updates on Public Charge
- Los Angeles County: Temporary Eviction Moratorium (Through 9/30/21*)
- The One Degree: Resource guide with information on food, housing, and more. Updated every weekend by SPA

Supporting People Experiencing Homelessness
- CDPH: Recommended Strategic Approaches for COVID-19 Response for Individuals Experiencing Homelessness
- National Health Care for Homeless Council: COVID-19 Resource and Guidance Page
- CDC: Investigating and Responding to COVID-19 Cases at Homeless Service Provider Sites
- CDC Interim Guidance: Homeless Service Providers to Plan and Respond to Coronavirus Disease 2019 (COVID-19)
- CDC Interim Guidance: Responding to COVID-19 among People Experiencing Unsheltered Homelessness
- CDC: Resources to Support People Experiencing Homelessness
- CDC Interim Guidance: Considerations for Health Departments for SARS-CoV-2 Testing in Homeless Shelters and Encampments
- Los Angeles County COVID-19: Homeless & Housing Resource

- Los Angeles Homeless Service Authority: COVID-19: Additional Resources for People Experiencing Homelessness
- Los Angeles Homeless Service Authority: COVID-19 and Street Outreach: A Quick Guide to Keeping Safe and Delivering Care
- Los Angeles Homeless Services Authority COVID-19 Racial Equity Resource Guide
- Los Angeles Homeless Services COVID-19: Guidance for Case Managers
- National Alliance to End Homelessness: The Framework for an Equitable COVID-19 Homelessness Response
- HUD Toolkit: Preventing & Managing the Spread of Infectious Disease within Encampments
- HUD Toolkit: Managing Infectious Disease in Shelters
- Triage Tool Example for Shelters and Housing Programs: The Atlanta Continuum of Care

Supporting People Who Use Drugs

- National Harm Reduction Coalition: Harm Reduction Amidst the COVID-19 Pandemic
- Los Angeles County Department of Health Services: COVID-19 Guidance for Opioid Overdose Prevention & Response
- National Institute on Drug Abuse: COVID-19 Potential Implications for Individuals with Substance Use Disorders
- SAMHSA Guide: COVID-19 Guidance for Opioid Treatment Programs
- DMH + UCLA PMHP Guide: Understanding Withdrawal Risks for People who Use Alcohol and Drugs During COVID-19
- DMH + UCLA PMHP Guide: Hygiene Recommendations for People who Use Drugs and Alcohol During COVID-19

Supporting People in Congregate Living

- Los Angeles County DPH: Interfacility Transfer Rules During Covid-19 Pandemic
- Los Angeles County DPH: Guidance and Resources for California Care Facilities
- Los Angeles County DPH: Guidance and Resources for Skilled Nursing Facilities
- CDC Toolkit for Shared and Congregate Housing
- Los Angeles County DPH Guidance: Cohorting in Residential and Congregate Settings
- Los Angeles County DPH Guidance: Social Distancing and Bed Position for Residential and Congregate Settings
- Los Angeles County Guidance: COVID-19 Medical Sheltering
- The National Council for Behavioral Health: COVID-19 Best Practices for Behavioral Health Residential Facilities
- UCLA Semel: Toolkit for Congregate Living facilities

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Messaging: Talking about COVID-19 & Infectious Disease with Clients

- Handout for People who are Homeless and Use Drugs During the COVID-19 Outbreak: Homeless Youth Alliance COVID-19 Messaging
- Remote Harm Reduction Support: Never Use Alone
- Yale Program in Addiction Medicine: Guidance for People who use Substances on COVID-19
- Yale Program in Addiction Medicine: COVID-19 Guidance for Patients Engaged in Substance Use Treatment

Maintaining Continuity of Mental Health Services

- American Psychiatric Association & American Telemedicine Association: Best Practices in Videoconferencing-Based Telemental Health
- American Psychiatry Association: Telepsychiatry Toolkit
- CDC: Using Telehealth to Expand Access to Essential Health Services During the COVID-19 Pandemic
- CA Dept of Healthcare Services: Emergency Telehealth Guidance
- California Institute for Behavioral Health Solutions: Minimizing Disruptions in Care Through the Use of Behavioral Telehealth
- Foundation for Opioid Response Efforts (Webinar): Medications for Opioid Use Disorder and the COVID-19 National Emergency Response
- National Council for Behavioral Health: Best Practices for Telehealth During COVID-19 Public Health Emergency
- National Telehealth Technology Assessment Resource Center: Video Tool Kit
- SAMHSA: Using Technology-Based Therapeutic Tools in Behavioral Health Services
- SAMHSA: Telehealth for Individuals Taking MAT
- SMI Advisor: Tips for Telehealth Billing During the COVID-19 Pandemic
- South Central Telehealth Resource Center: Telehealth Etiquette Video Series

Maintaining Stress & Anxiety for Staff & Clients

- Anxiety & Depression Association of America: Managing COVID-19 Anxiety
- CDC: Taking Care of Your Emotional Health
- CDC: Coping with a Disaster or Traumatic Event
- Center for the Study of Traumatic Stress: Caring for Patients' Mental Well-Being During COVID-19
- Center for the Study of Traumatic Stress: Healthcare Workers Taking Care of Themselves
- COVID-19 Wallet Card Resources: Basic Psychological First Aid
- COVID-19 Wallet Card Resources: When to Refer
- Harvard Medical School: Coping with Coronavirus Anxiety
- Los Angeles County Guidance: COVID-19: Coping with Stress

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- National Alliance to End Homelessness: Caring for Homeless Services Staff During the COVID-19 Pandemic
- National Center for PTSD: Managing Stress Associated with COVID Outbreak
- SAMHSA: Coping with Stress During Infectious Disease Outbreaks
- SAMHSA: Taking Care of Your Behavioral Health: Tips for Social Distancing, Quarantine, and Isolation during Infectious Disease Outbreak
- World Health Organization: Coping with COVID-19 Stress and Mental Health and Psychosocial Considerations During the COVID-19 Outbreak
- The Emotional PPE Project: Seek support or offer support to other staff
- DMH + UCLA PMHP Guide: Supporting People in Crisis During COVID-19
- DMH + UCLA PMHP Guide: Addressing Suicidal Thinking During COVID-19
- DMH + UCLA PMHP Guide: Taking Care of Yourself During COVID-19: A Took for Frontline Workers
- DMH + UCLA PMHP Guide: Managing Intense Emotions: Tips for Disaster Service Workers During COVID-19 Pandemic

Supporting Staff & Good Organizational Practices

- Center for the Study of Traumatic Stress: Psychological Effects of Quarantine During COVID-19--What Healthcare Providers Need to Know
- CDC: Guidance for Businesses and Employers Responding to Coronavirus Disease 2019 (COVID-19)
- CDC: Information for Healthcare Professionals about Coronavirus (COVID-19)
- CDC: Interim Guidance for Businesses & Employers
- CDC: Strategies to Mitigate Healthcare Personnel Staffing Shortages
- CDC: Returning to Work
- CDC: Understanding Standard and Transmission Based Precautions
- OSHA: Guidance on Returning to Work
- SAMHSA: Tips for Social Distancing
- VA National Center for PTSD: Helping People Manage Stress Associated with the COVID-19 Virus Outbreak: For Providers and Community Leaders
- **Guidance for Managing Staff Remotely**
  - Harvard Business Review: How to Manage Remote Direct Reports
  - Forbes: 6 Tips for Managing Remote Employees
  - Lean Startup Co: 12 Tips for Managing a Remote Team (And Loving It)
  - Monster: How to Manage a Team Remotely
- **Guidance for Exploring Hybrid Work From Home Models**
  - BCG: Hybrid Work Is The New Remote Work
  - BBC: Why The Future Of Work Might Be 'Hybrid'
  - Ladders: This is what the hybrid WFH-models companies will use in 2021 will look like
  - Robin: How to Set Up Your Workplace for Remote and Hybrid Employees
  - WWR: Hybrid WFH Work Model: Here's How to Make It Work
- **Workplace Implications for COVID-19 Vaccine**

- o California Employment Law Report: EEOC Offers Guidance on Vaccinations and the Implications for California Employers
- o CDC: Strategies to Mitigate Healthcare Personnel Staffing Shortages
- o SHRM: When Employers Can Require COVID-19 Vaccinations
- o SHRM: What Employers Can Do If Workers Refuse a COVID-19 Vaccination
- o US Equal Employment Opportunity Commission: What You Should Know About COVID-19 and the ADA, the Rehabilitation Act, and Other EEO Laws

Data Dashboards

- The Atlantic: COVID Tracking Project
- CA.gov COVID-19 Hospitals
- CA.gov: COVID-19 Project Room Key Homeless Impact
- New York Times ICU Bed Tracker: "How Full are Hospital I.C.U.s Near You?"
- California Department of Public Health: Skilled Nursing Facilities Data

Key Resource Hubs Updated Regularly

- DMH+UCLA Wellbeing for LA Learning Center: Coping with COVID-19
- CA Department of Public Health: COVID-19 Updates
- COVID Enders Vaccination Toolkit (Updated biweekly)
- HUD Resource Guide: COVID-19 Response and Homelessness (Action and Resource Guide)
- Los Angeles Homeless Services Authority COVID-19 Guidance
- Los Angeles County Department of Public Health COVID-19 Portal
- Los Angeles County Department of Public Health COVID-19 Resources
- City of Los Angeles: COVID-19: Keeping Los Angeles Safe
- Health Resources and Services Administration: COVID-19 Resources
- Mental Health America: Mental Health + COVID-19 Information + Resources
- The National Council for Behavioral Health: COVID-19 Resources and Tools for Addressing Coronavirus (COVID-19)
- DATIS COVID-19 Resource Center