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COVID-19: Resources for Field-Based Mental Health Teams

Community Re-Opening Resources

- CANotify: California's Exposure Notification System
- MicroCOVID Risk Calculator
- CDC: Re-opening Guidance for Cleaning and Disinfecting Public Spaces, Workplaces, Businesses, Schools and Homes
- CDC: Print Resources to Support COVID-19 Recommendations
- CDC: Considerations for Wearing Masks
- CDPH: Beyond the Blueprint – What will California Look Like After June 15?
- CDPH: Beyond the Blueprint for Industry and Business Sectors – Effective June 15, 2021
- CDPH: Blueprint for a Safer Economy
- CDPH: Californians, When Do You Need Your Mask?
- CDPH: Guidance for the Use of Face Coverings - Effective June 15, 2021
- LAC DPH: L.A. County to Align with State June 15 Masking Guidelines
- LAC DPH: Health Officer Order: Safer at Work and in the Community
- University North Carolina: Motivational Interviewing skills to Address Ambivalence about Staying at Home and Practicing Physical Distancing (30 minutes) A primer on using Motivational Interviewing skills to address ambivalence about staying at home and being physically distant when out. Also helpful for your work with family and friends who may be challenged by these expectations to stay at home.

COVID-19 Vaccine Resources

Where to get the COVID-19 Vaccine

- A Vaccine Finder Website
- California Department of Public Health: My Turn
- Los Angeles County Department of Public Health Vaccination Appointment
- Los Angeles City Vaccine Appointment Website
- Some Initial Federal Retail Pharmacy Partners in California
  - Albertson's
  - Costco
  - CVS
  - Pavilions
  - Rite Aid
  - Ralph's
  - Sam's Club
  - Safeway
  - Vons
  - Walgreens
  - Walmart

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Talking about the COVID-19 Vaccine

- How to Talk About the COVID-19 Vaccines with Individuals Who Have Serious Mental Illness (SMI)
- LAC DPH: COVID-19 Vaccine Healthcare Provider Hub
- COVID Enders Vaccination Toolkit (Updated biweekly)
- CDC: Talking to Recipients about COVID-19 Vaccines
- CDC: Myths and Facts about COVID-19 Vaccine
- CDC: Frequently Asked Questions about COVID-19 Vaccination
- University North Carolina: Motivational Interviewing and COVID Vaccine Hesitancy On-Demand Webinar (13 Min) This webinar helps clinicians who work with individuals in community health settings think about how to have discussions about receiving the COVID 19 vaccine.
- University North Carolina: Motivational Interviewing and COVID Vaccine Hesitancy On-Demand Webinar (33 minutes) This webinar helps clinicians who work with individuals in community health settings think about how to have discussions about receiving the COVID 19 vaccine. This can be a good starting point for a team discussion or group supervision/cross-training.
- The Vaccine Confidence Project
- World Psychiatry: Prioritizing COVID-19 vaccination for people with severe mental illness
- JAMA Psychiatry: Maximizing the Uptake of a COVID-19 Vaccine in People With Severe Mental Illness: A Public Health Priority

Workplace Implications for COVID-19 Vaccine

- Cal/OSHA and Statewide Industry Guidance on COVID-19
- CAL/OSHA: COVID-19 Prevention Emergency Temporary Standards - Fact Sheets, Model Written Program and Other Resources
- California Employment Law Report: EEOC Offers Guidance on Vaccinations and the Implications for California Employers
- SHRM: When Employers Can Require COVID-19 Vaccinations
- SHRM: What Employers Can Do If Workers Refuse a COVID-19 Vaccination
- US Equal Employment Opportunity Commission: What You Should Know About COVID-19 and the ADA, the Rehabilitation Act, and Other EEO Laws

Financial, Housing and Food Resources for Staff and Clients

- LA County Disaster Help Center: Help for workers affected by COVID-19
- DPSS: Find Various Resources for those who Need Benefits
- LAC Office of Immigration Affairs: LA4You Updates on Public Charge
- Los Angeles County: Temporary Eviction Moratorium (Through 6/30/21*)
- The One Degree: Resource guide with information on food, housing, and more. Updated every weekend by SPA

Supporting People Experiencing Homelessness

- California Department of Public Health: Protocol for Managing COVID in People Experiencing Homelessness

- o Related document: Recommended Strategic Approaches for COVID-19 Response for Individuals Experiencing Homelessness
- National Health Care for Homeless Council: COVID-19 Resource and Guidance Page
- CDC: Investigating and Responding to COVID-19 Cases at Homeless Service Provider Sites
- CDC Interim Guidance: Homeless Service Providers to Plan and Respond to Coronavirus Disease 2019 (COVID-19)
- CDC Interim Guidance: Responding to COVID-19 among People Experiencing Unsheltered Homelessness
- CDC: Resources to Support People Experiencing Homelessness
- CDC Interim Guidance: Considerations for Health Departments for SARS-CoV-2 Testing in Homeless Shelters and Encampments
- Los Angeles County COVID-19: Homeless & Housing Resource
- Los Angeles Homeless Service Authority: COVID-19: Additional Resources for People Experiencing Homelessness
- Los Angeles Homeless Service Authority: COVID-19 and Street Outreach: A Quick Guide to Keeping Safe and Delivering Care
- Los Angeles Homeless Services Authority COVID-19 Racial Equity Resource Guide
- Los Angeles Homeless Services COVID-19: Guidance for Case Managers
- National Alliance to End Homelessness: The Framework for an Equitable COVID-19 Homelessness Response
- HUD Toolkit: Preventing & Managing the Spread of Infectious Disease within Encampments
- HUD Toolkit: Managing Infectious Disease in Shelters
- Triage Tool Example for Shelters and Housing Programs: The Atlanta Continuum of Care

Supporting People Who Use Drugs

- National Harm Reduction Coalition: Harm Reduction Amidst the COVID-19 Pandemic
- Los Angeles County DPH Guidance: Non-Residential Substance Use Disorder Settings (English)
- Los Angeles County Department of Health Services: COVID-19 Guidance for Opioid Overdose Prevention & Response
- National Institute on Drug Abuse: COVID-19 Potential Implications for Individuals with Substance Use Disorders
- SAMHSA Guide: COVID-19 Guidance for Opioid Treatment Programs
- DMH + UCLA PMHP Guide: Understanding Withdrawal Risks for People who Use Alcohol and Drugs During COVID-19
- DMH + UCLA PMHP Guide: Hygiene Recommendations for People who Use Drugs and Alcohol During COVID-19

Supporting People in Congregate Living

- Los Angeles County DPH: Interfacility Transfer Rules During Covid-19 Pandemic
- Los Angeles County DPH: Guidance and Resources for California Care Facilities
- Los Angeles County DPH: Listing of SNFs with Specific Units, Floors or Buildings Dedicated to COVID-19 Patients
- Los Angeles County DPH: Guidance and Resources for Skilled Nursing Facilities
- CDC Toolkit for Shared and Congregate Housing
- Los Angeles County DPH Guidance: Cohorting in Residential and Congregate Settings
- Los Angeles County DPH Guidance: Social Distancing and Bed Position for Residential and Congregate Settings
- Los Angeles County Guidance: COVID-19 Medical Sheltering
- The National Council for Behavioral Health: COVID-19 Best Practices for Behavioral Health Residential Facilities
- UCLA Semel: Toolkit for Congregate Living facilities

Messaging: Talking about COVID-19 & Infectious Disease with Clients

- University North Carolina: Motivational Interviewing and COVID Vaccine Hesitancy On-Demand Webinar (13 Min) This webinar helps clinicians who work with individuals in community health settings think about how to have discussions about receiving the COVID 19 vaccine.
- University North Carolina: Motivational Interviewing and COVID Vaccine Hesitancy On-Demand Webinar (33 minutes) This webinar helps clinicians who work with individuals in community health settings think about how to have discussions about receiving the COVID 19 vaccine. This can be a good starting point for a team discussion or group supervision/cross-training.
- University North Carolina: Motivational Interviewing skills to Address Ambivalence about Staying at Home and Practicing Physical Distancing (30 minutes) A primer on using Motivational Interviewing skills to address ambivalence about staying at home and being physically distant when out. Also helpful for your work with family and friends who may be challenged by these expectations to stay at home.
- Handout for People who are Homeless and Use Drugs During the COVID-19 Outbreak: Homeless Youth Alliance COVID-19 Messaging
- Remote Harm Reduction Support: Never Use Alone
- Yale Program in Addiction Medicine: Guidance for People who use Substances on COVID-19
- Yale Program in Addiction Medicine: COVID-19 Guidance for Patients Engaged in Substance Use Treatment

Maintaining Continuity of Mental Health Services

- American Psychiatric Association & American Telemedicine Association: Best Practices in Videoconferencing-Based Telemental Health

- American Psychiatry Association: Telepsychiatry Toolkit
- CDC: Using Telehealth to Expand Access to Essential Health Services During the COVID-19 Pandemic
- CA Dept of Healthcare Services: Emergency Telehealth Guidance
- California Institute for Behavioral Health Solutions: Minimizing Disruptions in Care Through the Use of Behavioral Telehealth
- Foundation for Opioid Response Efforts (Webinar): Medications for Opioid Use Disorder and the COVID-19 National Emergency Response
- National Council for Behavioral Health: Best Practices for Telehealth During COVID-19 Public Health Emergency
- National Telehealth Technology Assessment Resource Center: Video Tool Kit
- SAMHSA: Using Technology-Based Therapeutic Tools in Behavioral Health Services
- SAMHSA: Telehealth for Individuals Taking MAT
- SMI Advisor: Tips for Telehealth Billing During the COVID-19 Pandemic
- South Central Telehealth Resource Center: Telehealth Etiquette Video Series

Maintaining Stress & Anxiety for Staff & Clients

- Anxiety & Depression Association of America: Managing COVID-19 Anxiety
- CDC: Taking Care of Your Emotional Health
- CDC: Coping with a Disaster or Traumatic Event
- Center for the Study of Traumatic Stress: Caring for Patients' Mental Well-Being During COVID-19
- Center for the Study of Traumatic Stress: Healthcare Workers Taking Care of Themselves
- COVID-19 Wallet Card Resources: Basic Psychological First Aid
- COVID-19 Wallet Card Resources: When to Refer
- Harvard Medical School: Coping with Coronavirus Anxiety
- Los Angeles County Guidance: COVID-19: Coping with Stress
- National Alliance to End Homelessness: Caring for Homeless Services Staff During the COVID-19 Pandemic
- National Center for PTSD: Managing Stress Associated with COVID Outbreak
- SAMHSA: Coping with Stress During Infectious Disease Outbreaks
- SAMHSA: Taking Care of Your Behavioral Health: Tips for Social Distancing, Quarantine, and Isolation during Infectious Disease Outbreak
- World Health Organization: Coping with COVID-19 Stress and Mental Health and Psychosocial Considerations During the COVID-19 Outbreak
- The Emotional PPE Project: Seek support or offer support to other staff
- DMH + UCLA PMHP Guide: Supporting People in Crisis During COVID-19
- DMH + UCLA PMHP Guide: Addressing Suicidal Thinking During COVID-19
- DMH + UCLA PMHP Guide: Taking Care of Yourself During COVID-19: A Took for Frontline Workers

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DEPARTMENT OF MENTAL HEALTH
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https://pmhp.ucla.edu

- [DMH + UCLA PMHP Guide: Managing Intense Emotions: Tips for Disaster Service Workers During COVID-19 Pandemic](#)

Supporting Staff & Good Organizational Practices

- [Center for the Study of Traumatic Stress: Psychological Effects of Quarantine During COVID-19--What Healthcare Providers Need to Know](#)
- [CDC: Guidance for Businesses and Employers Responding to Coronavirus Disease 2019 (COVID-19)](#)
- [CDC: Information for Healthcare Professionals about Coronavirus (COVID-19)](#)
- [CDC: Interim Guidance for Businesses & Employers](#)
- [CDC: Strategies to Mitigate Healthcare Personnel Staffing Shortages](#)
- [CDC: Returning to Work](#)
- [CDC: Understanding Standard and Transmission Based Precautions](#)
- [OSHA: Guidance on Returning to Work](#)
- [SAMHSA: Tips for Social Distancing](#)
- [VA National Center for PTSD: Helping People Manage Stress Associated with the COVID-19 Virus Outbreak: For Providers and Community Leaders](#)
- **Guidance for Managing Staff Remotely**
  - [Harvard Business Review: How to Manage Remote Direct Reports](#)
  - [Forbes: 6 Tips for Managing Remote Employees](#)
  - [Lean Startup Co: 12 Tips for Managing a Remote Team (And Loving It)](#)
  - [Monster: How to Manage a Team Remotely](#)
- **Guidance for Exploring Hybrid Work From Home Models**
  - [BCG: Hybrid Work Is The New Remote Work](#)
  - [BBC: Why The Future Of Work Might Be 'Hybrid'](#)
  - [Ladders: This is what the hybrid WFH-models companies will use in 2021 will look like](#)
  - [Robin: How to Set Up Your Workplace for Remote and Hybrid Employees](#)
  - [WWR: Hybrid WFH Work Model: Here's How to Make It Work](#)
- **Workplace Implications for COVID-19 Vaccine**
  - [California Employment Law Report: EEOC Offers Guidance on Vaccinations and the Implications for California Employers](#)
  - [CDC: Strategies to Mitigate Healthcare Personnel Staffing Shortages](#)
  - [SHRM: When Employers Can Require COVID-19 Vaccinations](#)
  - [SHRM: What Employers Can Do If Workers Refuse a COVID-19 Vaccination](#)
  - [US Equal Employment Opportunity Commission: What You Should Know About COVID-19 and the ADA, the Rehabilitation Act, and Other EEO Laws](#)

Data Dashboards

- [The Atlantic: COVID Tracking Project](#)
- [CA.gov COVID-19 Hospitals](#)
- [CA.gov: COVID-19 Project Room Key Homeless Impact](#)
- [New York Times ICU Bed Tracker: "How Full are Hospital I.C.U.s Near You?"](#)
- [California Department of Public Health: Skilled Nursing Facilities Data](#)

Updated: 6-14-2021

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Key Resource Hubs Updated Regularly

- [DMH+UCLA Wellbeing for LA Learning Center: Coping with COVID-19](#)
- [CA Department of Public Health: COVID-19 Updates](#)
- [COVID Enders Vaccination Toolkit (Updated biweekly)](#)
- [HUD Resource Guide: COVID-19 Response and Homelessness (Action and Resource Guide)](#)
- [Los Angeles Homeless Services Authority COVID-19 Guidance](#)
- [Los Angeles County Department of Public Health COVID-19 Portal](#)
- [Los Angeles County Department of Public Health COVID-19 Resources](#)
- [City of Los Angeles: COVID-19: Keeping Los Angeles Safe](#)
- [Health Resources and Services Administration: COVID-19 Resources](#)
- [Mental Health America: Mental Health + COVID-19 Information + Resources](#)
- [The National Council for Behavioral Health: COVID-19 Resources and Tools for Addressing Coronavirus (COVID-19)](#)
- [DATIS COVID-19 Resource Center](#)

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