Remote Learning with the DMH/UCLA Public Mental Health Partnership

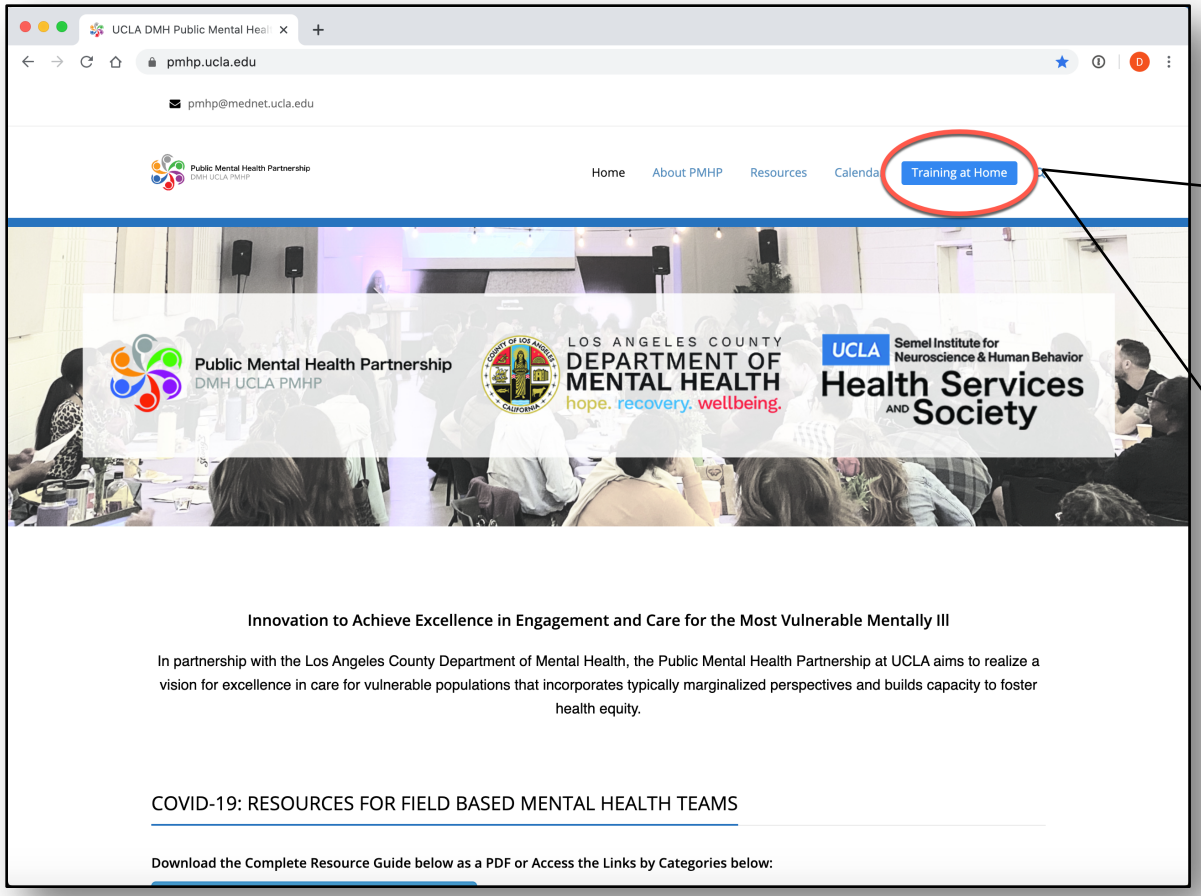
About PMHP

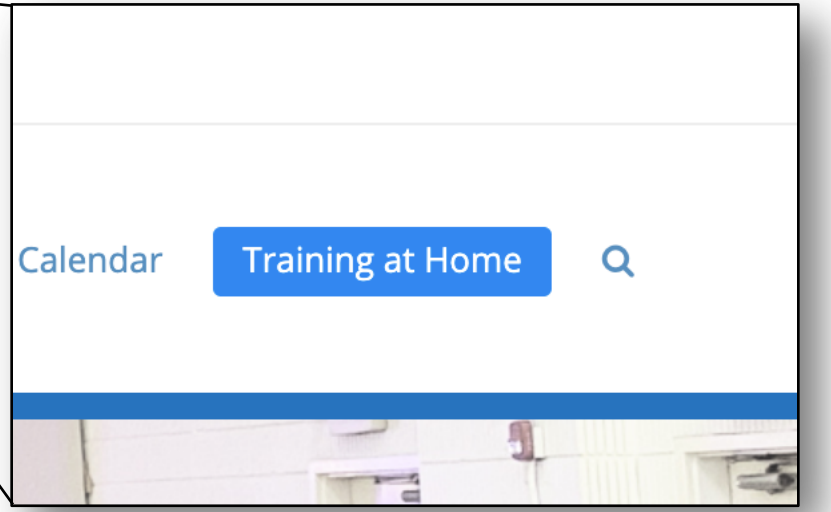
- In partnership with the Los Angeles County Department of Mental Health, the Public Mental Health Partnership at UCLA aims to realize a vision for excellence in care for vulnerable populations that incorporates typically marginalized perspectives and builds capacity to foster health equity.

Training Offerings

- PMHP hosts and provides live trainings every week. These trainings are provided via Zoom.
- Previous live trainings are recorded and available for viewing. The handouts are also available for download.
- Self-paced trainings are available though PMHP's collaboration with Center for Practice Innovations.

Go to: https://pmhp.ucla.edu/



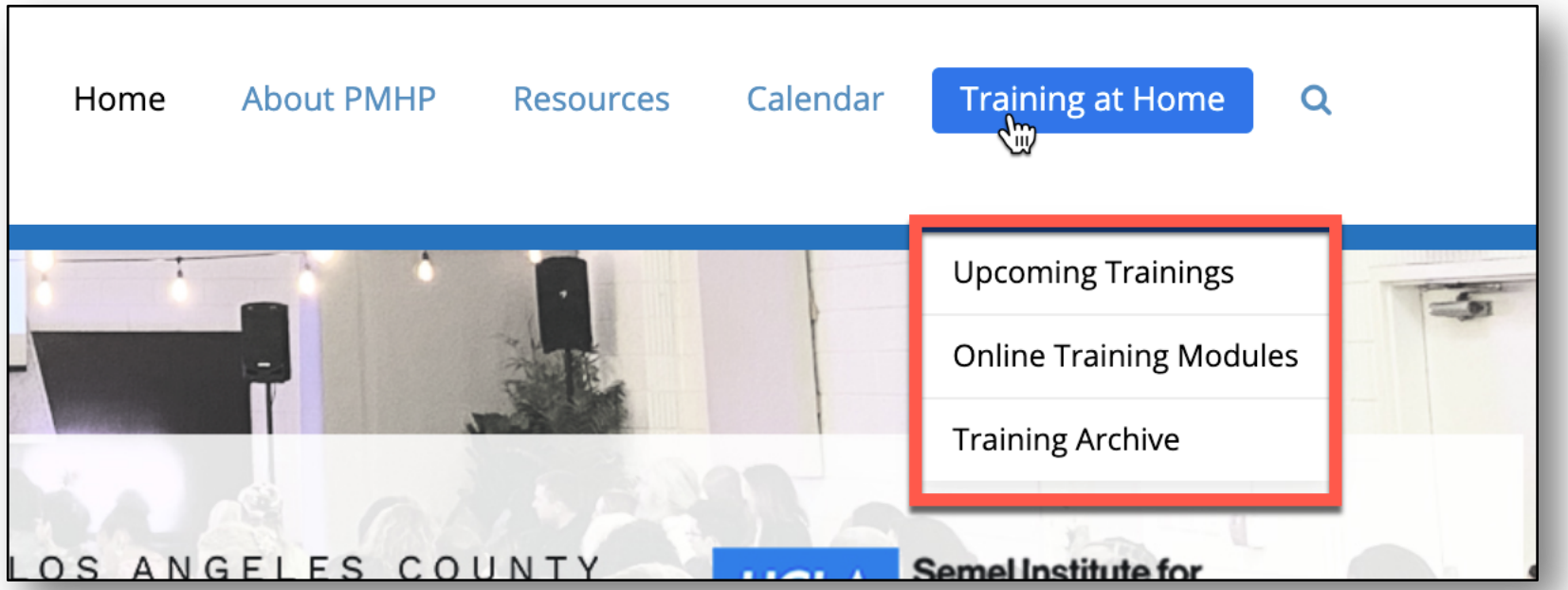


Public Mental Health Partnership
DMH UCLA PMHP

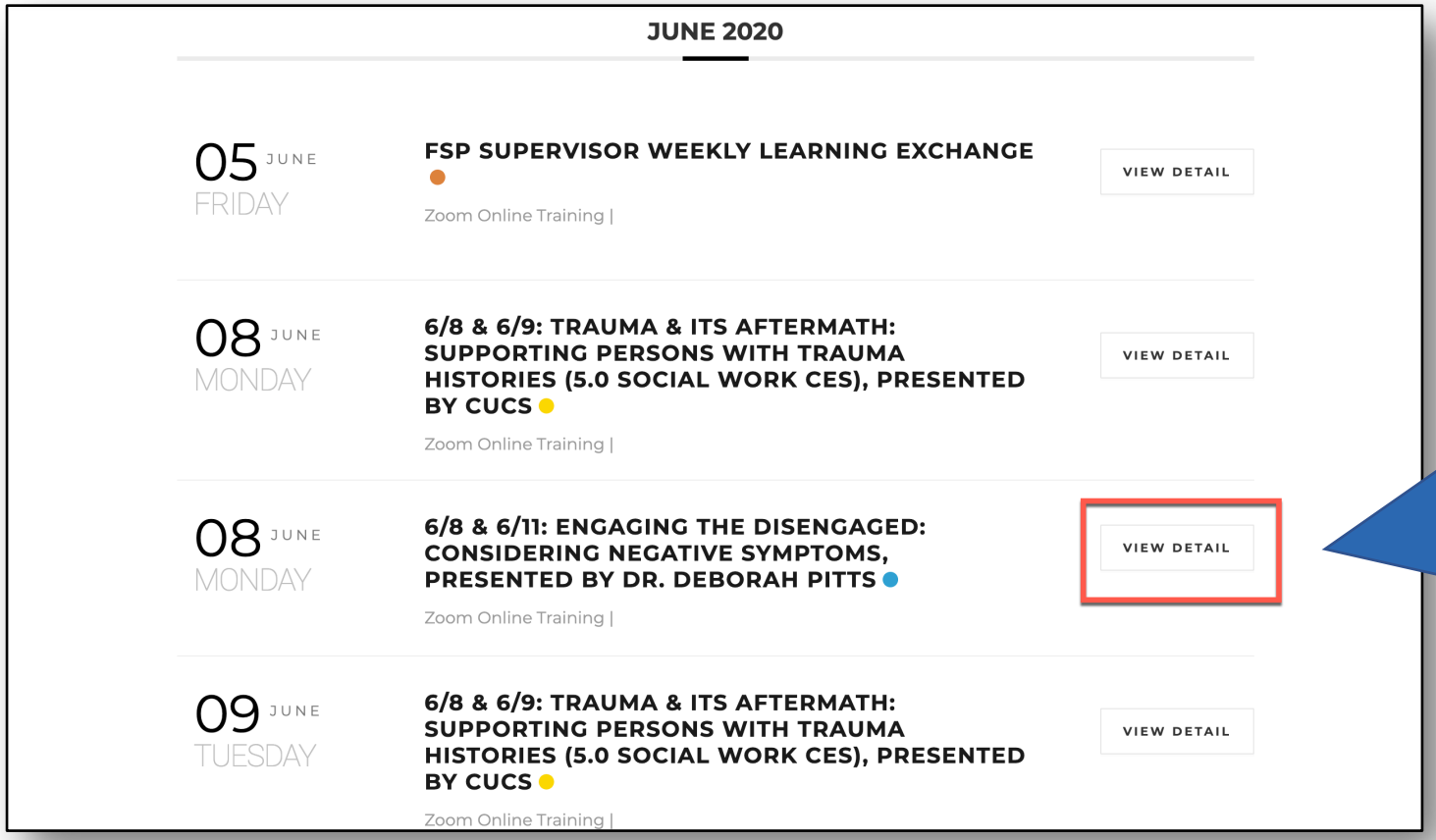
LOS ANGELES COUNTY
DEPARTMENT OF
MENTAL HEALTH
hope. recovery. wellbeing.

UCLA Semel Institute
Health Services
AND Society

Click on “Training at Home”



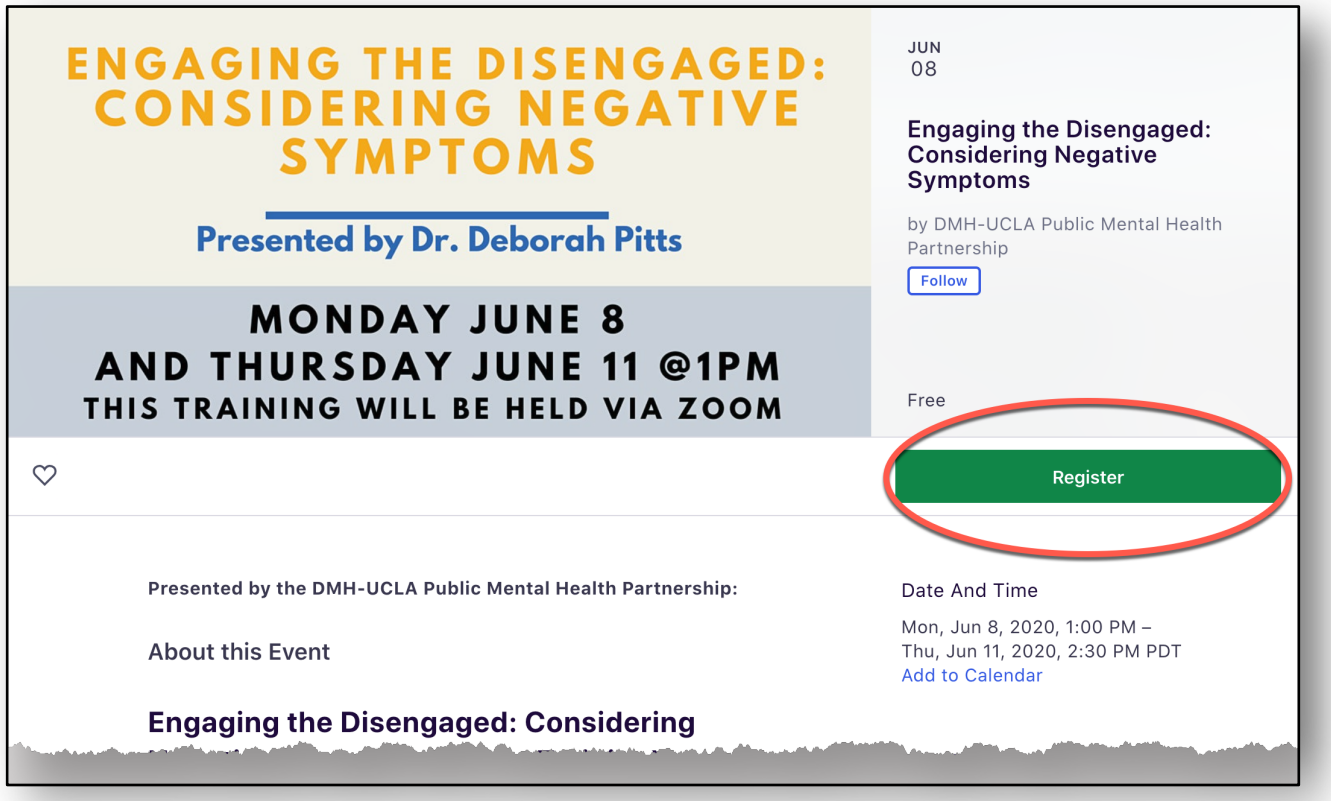
Upcoming Trainings



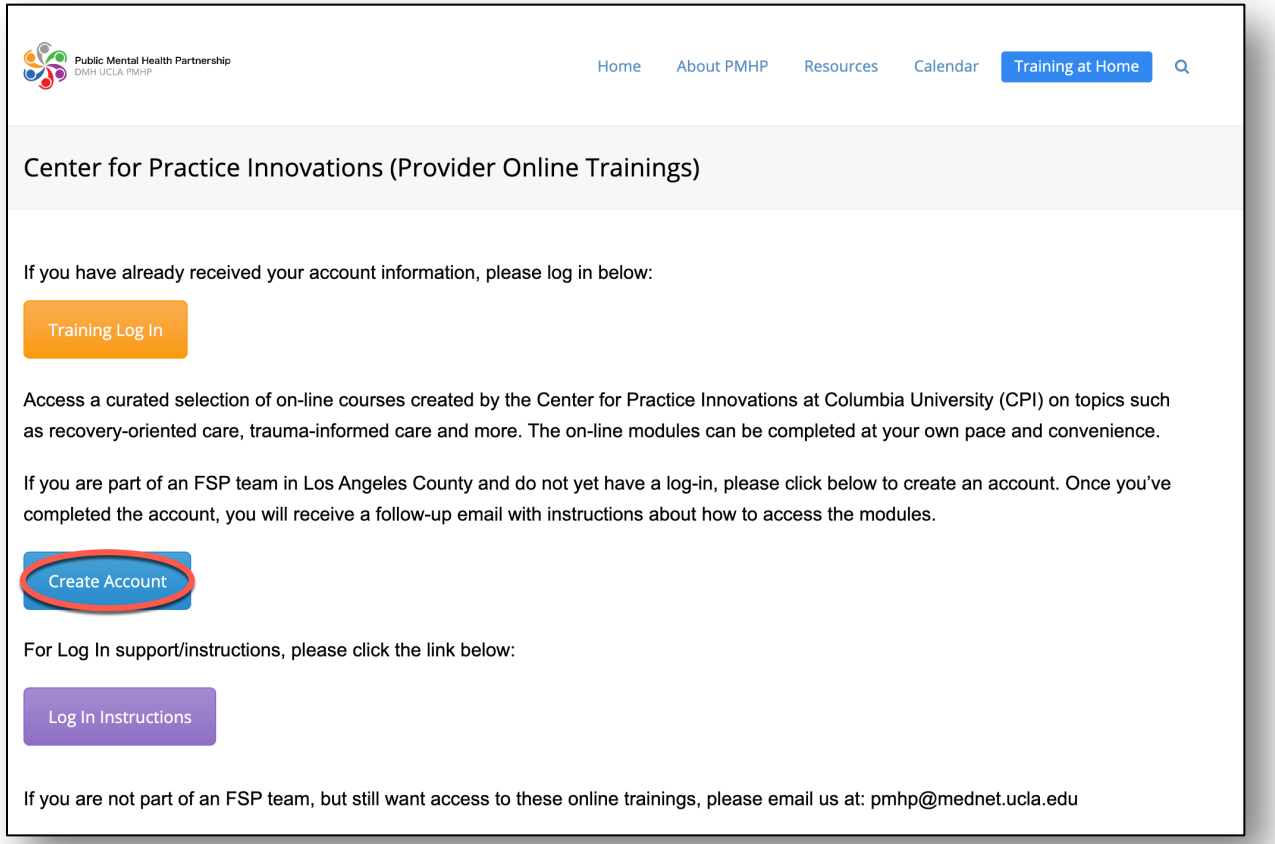
Scroll down the page.

When you find a training that you are interested in, click on “view details.”

Register for a Training



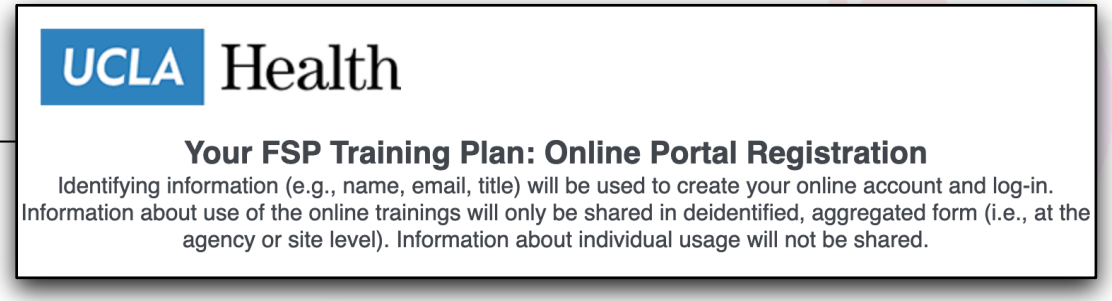
FSP Training Modules

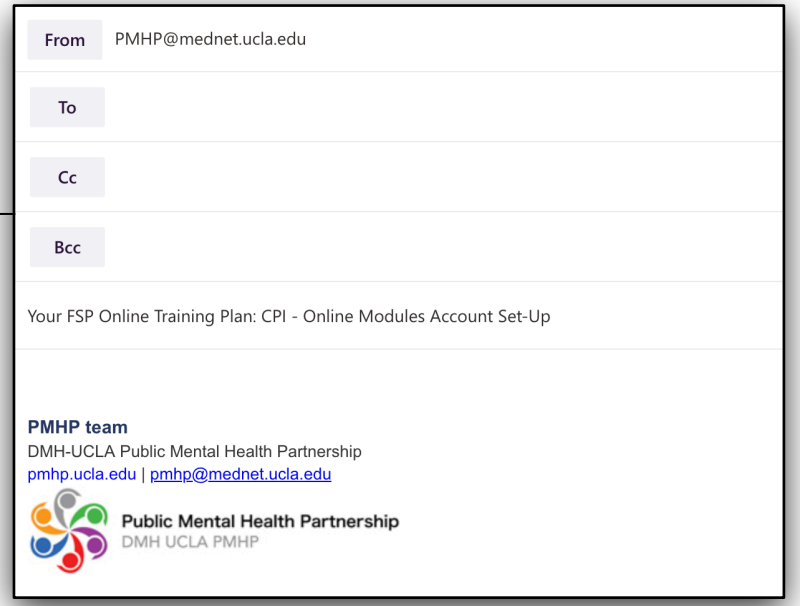


- Through a partnership with the Center for Practice Innovations in New York City, these training modules are self-paced and cover a variety of topics.
- To do this, you'll need to create an account.

FSP Training Modules

- Clicking on “Create Account” will direct you to a survey.
- We will keep a record of your email address: look out for an email from us with a registration link.
- The link will allow you to create your login details.





If you are NOT part of an FSP team, please email us directly to express interest in getting an account!

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FSP Training Modules

Assertive Community Treatment Specific
- Promoting recovery through a mobile, team-based approach
- Team-based care: Establishing a team-oriented culture in your organization
- Engaging consumers in ACT
- Person-centered treatment planning in ACT
- Peer specialists - ACT and beyond

Cultural Competency
- Cultural formulation interview
- Culture competence

Trauma-Informed Approaches
- Treatment of trauma
- Trauma-informed approach to behavioral health service delivery

Recovery Oriented Care
- Recovery and person-centered care
- Rehabilitation and recovery including HCBS
- Achieving recovery in the real world
- Philosophy and perspectives of recovery
- Taking responsibility for your recovery
- Person-centered planning core comp
- Generating the collaborative treatment plan

Co-Occurring Disorders
- Introduction to integrated co-occurring disorders
- Implementing co-occurring disorders treatment
- Addiction and substance abuse
- Approach to individuals with substance use and co-morbid psychiatric conditions

Working with Psychiatric Medications
- Responding to patients' questions and concerns about medication
- Shared decision making for prescribers
- Motivating clozapine use: An aid for prescribers
- Considering clozapine

Care Coordination and Integration
- Commonly seen behavioral health conditions in primary care
- Collaborative care: Integrating mental health into primary medical care
- Integrated care: Providing medical care to individuals with serious mental disorders
- Health conditions in behavioral health
- Introduction to care coordination
- Introduction to care transitions: The importance of discharge planning and early aftercare
- Integrating medical, psychiatric, and addiction treatment

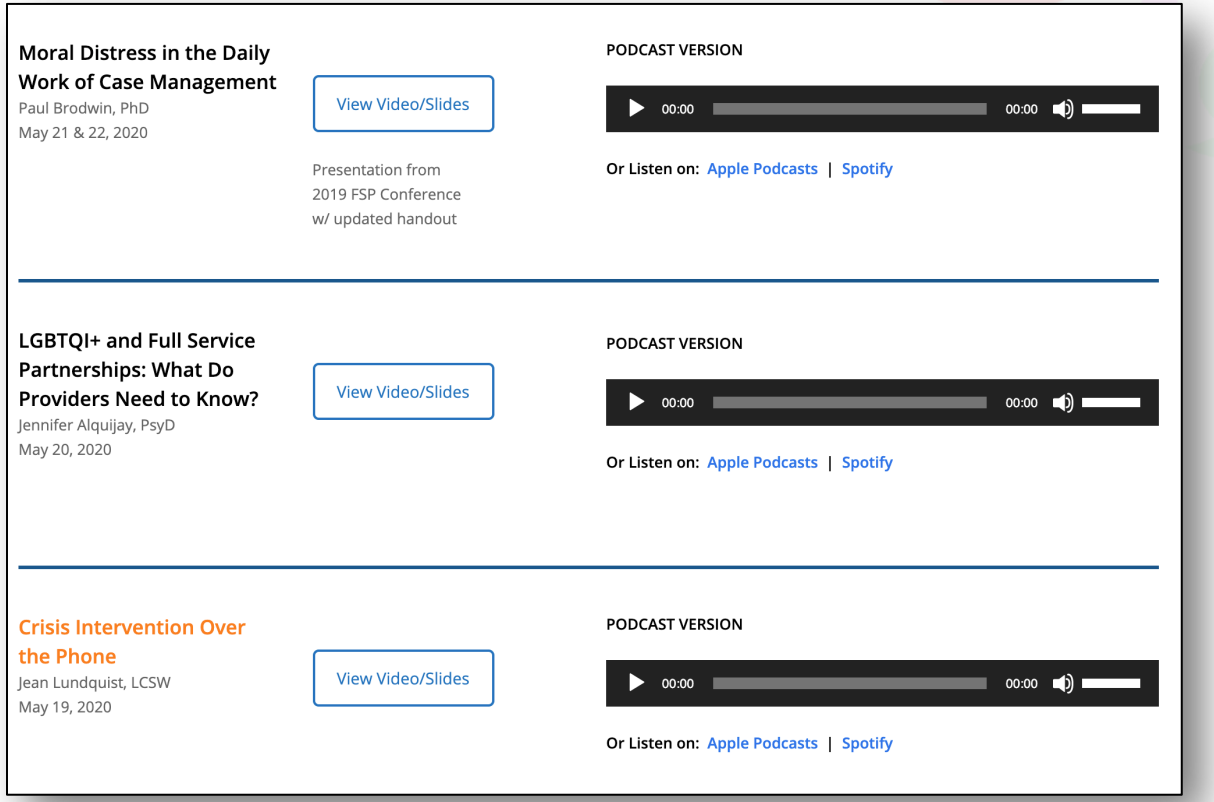
Evidence-Based Interventions
- Stage-wise treatment
- CBT for coping skills and problem solving
- CBT for treating anxiety, depression, and trauma-related problems
- Social skills training
- Intervention and prevention of suicidal behavior

Motivational Interviewing
- Motivational interviewing core comp
- Motivational interviewing: working with ambivalence
- Motivational interviewing I
- Motivational interviewing II

Clinical Supervision
- Clinical supervision I
- Clinical supervision II

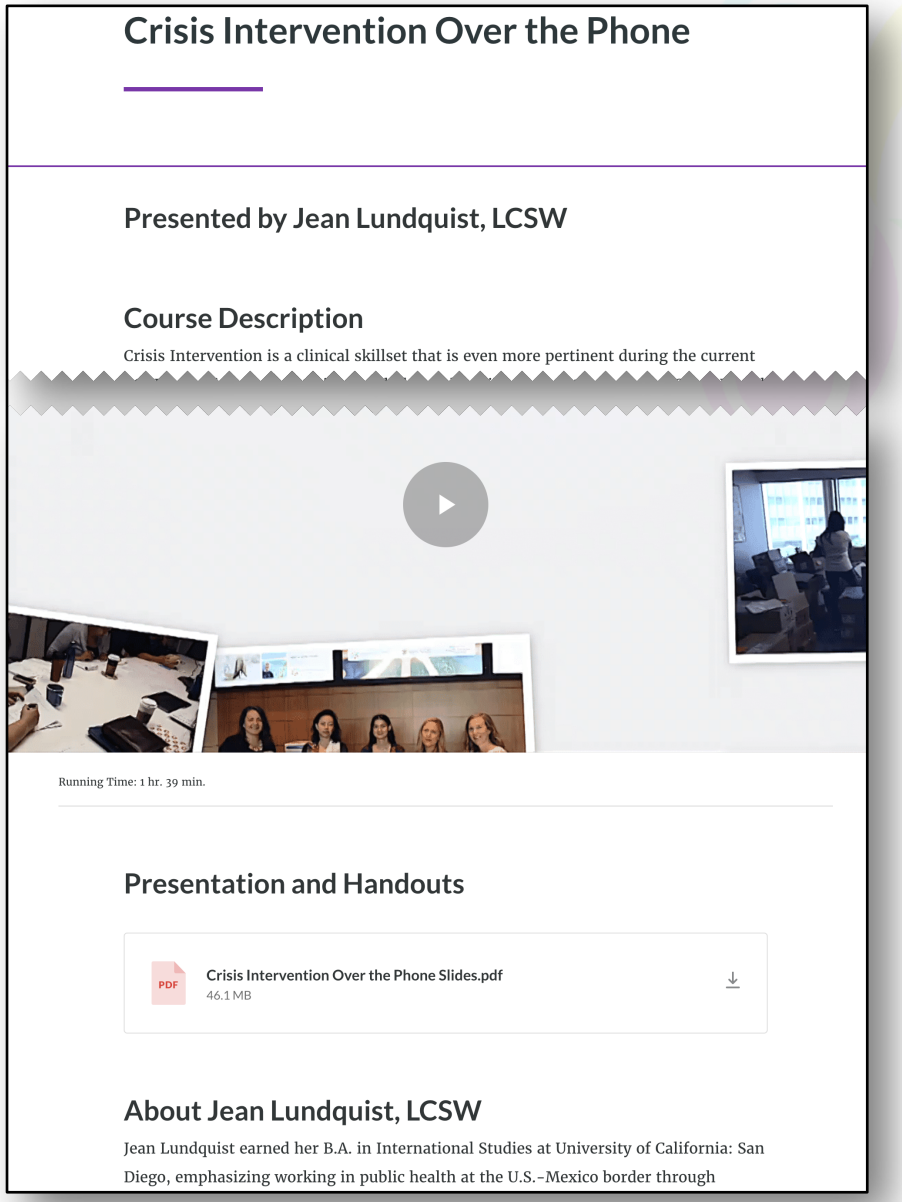
Training Archive

- Scroll down to find a training that interests you.
- If you are interested in audio only, there are options directly on the selection page.



Training Archive

- When you select a course, you'll find a video and the handouts.
- Download the handouts so you can follow along as you view the training video.



Tips for Accessing Trainings

- Bookmark the PMHP website so you can easily access the resources.
- Check the PMHP website weekly, as new content is added regularly.

- Email us if you need support at pmhp@mednet.ucla.edu.

Overview of Topics

- Provider wellbeing
- Trauma-informed care
- Housing
- Harm-reduction
- Psychosis
- Quality improvement
- Cognitive behavioral therapy
- Recovery-oriented care
- Substance use
- Implicit bias
- Care coordination
- Crisis intervention
- Motivational interviewing
- Supervision

Thank you!

PMHP Homepage

https://pmhp.ucla.edu/

PMHP Email

pmhp@mednet.ucla.edu

Photo by Jake Davies on Unsplash